



**FAIRLANDS PRIMARY SCHOOL**

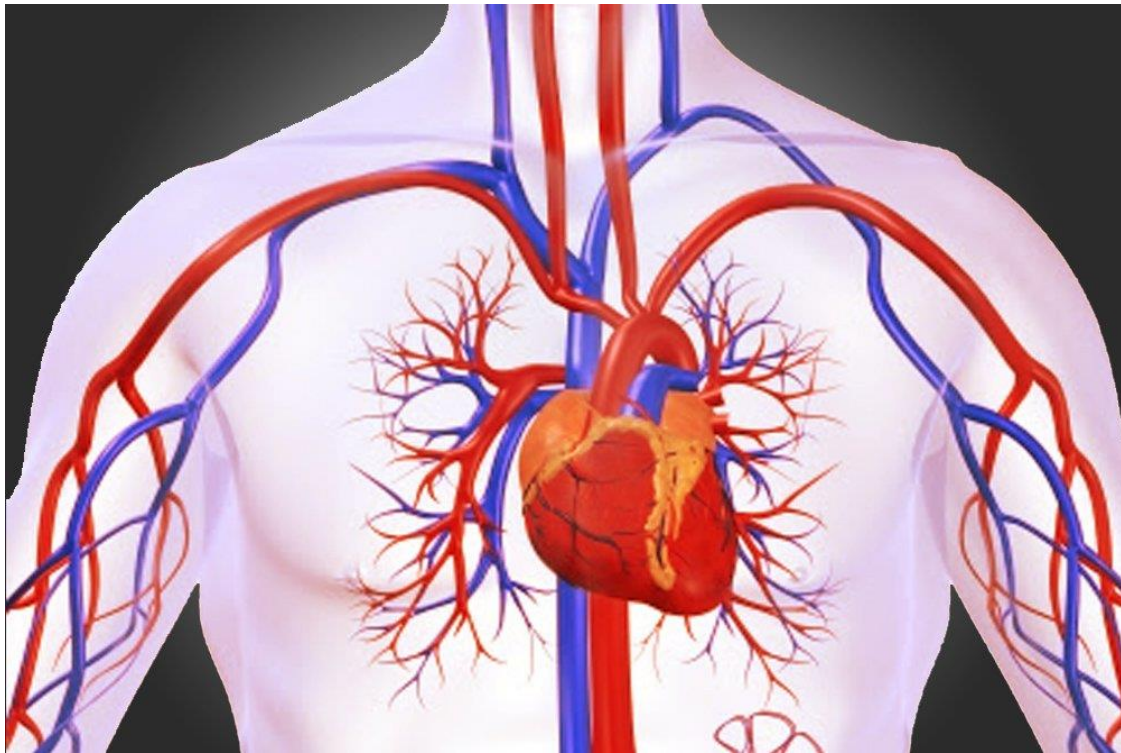
---

**Pound Avenue  
Stevenage  
Hertfordshire  
SG1 3JA**

**Headteacher: Mr Robert Staples BA (Hons)**

**Tel: (01438) 351053   Fax: (01438) 750116   E-mail: [admin@fairlands.herts.sch.uk](mailto:admin@fairlands.herts.sch.uk)   [www.fairlands.herts.sch.uk](http://www.fairlands.herts.sch.uk)**

# **Heart Beat**



**Year 6  
Spring 1 2020**

# Glossary

The key words we will need to be able to use,  
in both discussion and in our writing:

Word	Definition
Heart	
veins	
arteries	
capillaries	
blood	
pulse	
beats	
oxygen	
carbon dioxide	
nutrients	
organs	
drugs	
medicines	
minerals	
vitamins	
lungs	
caffeine	
medical	
legal	
illegal	

Please help your child to complete the glossary and be able to use and spell the words. Feel free to add any additional topic related vocabulary that you think of.

**During this term your child will be studying subjects under the theme of Heart Beat!**

**They will be taking part in a series of exciting learning activities:**

- Investigating the effects of exercise on the aerobic system
- Looking at the impact of diet on a healthy body
- Studying and recreating the human form through art/printing
- Reading the book 'Pig-Heart Boy' by Malorie Blackman
- Recognising that care needs to be taken with medicines and that they can be dangerous
- Identifying some harmful effects of drugs
- Explaining how ideas about smoking have changed over time
- Writing balanced arguments

# **Your child needs your help and involvement!**

## **Please get involved by:**

- **Take your child to the library & get books and resources about the topic**
- **Use the internet to research facts about the human body**
- **Keep an exercise and food diary throughout the holidays**
- **Complete the glossary of terms with them at the back of this booklet**

# What else is happening?

## Values Education

Each month, we focus on a particular value. The value for January will be Courage, and the value for February will be Pride.

## Religious Education

Most of our teaching of religious education takes place in separate 'mini-topics'. This half-term, your child will be learning about Christianity and Buddhism - Sources of wisdom, identifying and belonging and prayer, worship and reflection.

## Homework

Every Friday your child will bring home a class homework sheet. This will be due in on the following Wednesday. It is expected that ALL children read a minimum of 3 times per week and this is recorded in their home reading records.

## Clubs

<b>Breakfast Club</b>	<b>Every morning 7.45 – 8.50am</b>
<b>Lower Site After School Club</b>	<b>Every day 3.15 – 6.15pm</b>
<b>Upper Site After School Club</b>	<b>Every day 3.15 – 6.15pm</b>
<b>Skills 7 Football Year 3 – 6</b>	<b>Monday 3.15 – 5.30pm</b>
<b>Identity Dance (Street) Year 3 - 6</b>	<b>Tuesday 3.15 – 4.05pm</b>
<b>Identity Dance (Ballet) Rec – Year 3</b>	<b>Wednesdays 3.20pm -4.10pm</b>
<b>Games Library</b>	<b>Friday 8.30-9.00am</b>
<b>Mad Science – Year 1 - 6</b>	<b>Thursday 3.20 - 4.20pm</b>
<b>Identity Dance (Street) Rec – Year 2</b>	<b>Friday 3.20 – 4.10pm</b>
<b>Premier Sports (Gymnastics) – All Years</b>	<b>Friday 3.15 – 4.15pm</b>

## Forthcoming Events

<b>Monday 6th January</b>	<b>Inset Day</b>
<b>Tuesday 7th January</b>	<b>Start of Spring Term 1</b>
<b>Wednesday 15th January</b>	<b>Primary Application Closing Date</b>
<b>Thursday 16th January – 2.30pm</b>	<b>Hazel Class Parent/Carer Assembly</b>
<b>Wednesday 22nd January</b>	<b>Year 5 Airbus Trip</b>
<b>Thursday 6th February – 2.30pm</b>	<b>Hornbeam Class Parent/Carer Assembly</b>
<b>Thursday 13th February – 2.30pm</b>	<b>Spruce Class Parent/Carer Assembly</b>
<b>Friday 14th February</b>	<b>End of Spring Term 1</b>
<b>Monday 24th February</b>	<b>Start of Spring Term 2</b>