
How you can support at home:



Talk to your child about trusted adults they can talk to at school and home. Encourage them to draw around their hand and identify 5 trusted adults they can turn to when they feel scared, upset, angry, uncomfortable or worried.



Write any ideas, comments or questions you have for school on the notes section.



Talk to your child about any medication they take and their needs. Do they understand safety measures to take when taking medicine? Are they able to explain their condition in an emergency? Do they know any risks they need to avoid or how they should manage daily risks?

Notes:



Use this section to write any questions, ideas, comments you may wish to share with school.

Individual Healthcare Plan (IHCP)

A guide for parents/carers



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Glossary of acronyms and words in this leaflet:

EHCP: Education, Health and Care Plan

SEN: Special Educational Needs

PLP: Personalised Learning Plan

SENDCo: Special Educational Needs and/or Disabilities co-ordinator

EFAW: Emergency First Aid At Work

EYFS: Early Years Foundation Stage

DHT: Deputy Head Teacher

MSA: Midday Supervisory Assistant



Special Educational Needs:

If your child has special educational needs, they may also have an EHCP or PLP. For further information, visit the school website for how Fairlands supports pupils and families:

<https://www.fairlands.herts.sch.uk/info/160-send-at-fairlands>

You can also find out more about the county's local offer by visiting: <https://www.hertfordshire.gov.uk/microsites/local-offer/the-hertfordshire-local-offer.aspx>

Alternatively, please feel free to contact the school SENDCo for further help.

Our Supporting Children with Medical Needs Policy

Our policy has been developed in line with DfE guidance and can be found on our website:

https://fra1.digitaloceanspaces.com/fairlands-school-assets/system/downloads/attachment/1587/Supporting_Children_With_Medical_Needs_-_September_2022.pdf?1662627947

What is an IHCP?



An IHCP is a plan which details what support your child will need and how we will provide this. It is created by parents/carers and school staff in conjunction with relevant medical advice regarding your child's medical condition.

The aim of the plan is to ensure all staff supporting your child is fully aware of their condition and steps needed to make sure they know how to support them effectively. It is important that the IHCP is clear and without ambiguity as all staff should be able to quickly read it to know who needs to do what and when!

Not all medical conditions will require an individual plan and the level of detail needed will be dependent on the complexities of the condition your child has. This will be discussed and agreed by the Inclusion team.

Staff support

At Fairlands, we want to ensure every child can achieve their full potential and that children with medical conditions receive appropriate care and support at support. Part of the support your child will receive may be staff making reasonable adjustments to include them in all lessons and school trips/events. We will also provide up-to-date training for staff, including:

- Managing Medication Training - Medical Officer
- EYFS Paediatric First Aid – Lower site medical officer
- EFAW – Lower & Upper Site Leads, Lunchtime Manager & Medical Officer
- Epi-Pen Training – all staff
- Basic First Aid Training (Emergency Aid Level) – all staff
- Other training relating to specific needs of individuals

How is an IHCP created?



A member of the Inclusion team will contact you to arrange a meeting to discuss your child's individual needs. In a small number of cases, it may be necessary to include medical professionals at this meeting. Please let us know if you wish for anyone to be invited to participate. It is important that any medical evidence is shared during the meeting.

If you are unable to attend a meeting, you will be asked to complete a blank template IHCP in order to share all relevant information in the meeting. It is important that any medical evidence is also shared with your completed form.

School staff will create the plan and share with parents/carers to approve. Once you have agreed the plan, it will be shared with all staff who may be involved in supporting the child, including MSA teams.

During handover meetings between class teachers in the summer term, IHCPs will be shared and all information discussed.

The IHCP will be reviewed annually at the start of each school year and shared with their new classroom adults and MSA team. It can be amended at any point of the year if needs change.

Sections of an IHCP:

1. Child's personal details, family, hospital and GP contact information
2. Name of school adult who is responsible for providing support
3. Description of the medical needs along with any triggers, equipment and treatments
4. Details of medication name, dosage and administration procedures
5. Daily care requirements
6. Specific support needed for your child's educational, social and emotional needs
7. Arrangements for school trips and events
8. Emergency information, stating what constitutes an emergency, the action to take and who will be responsible in this scenario
9. Who created the plan
10. Staff training needed and undertaken