



FAIRLANDS PRIMARY SCHOOL & NURSERY

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Dear Parents / Carers

Prevention and Treatment of Head Lice

Head Lice are an on-going problem in schools.

Re-infestations are troublesome, but if everyone takes note of the preventative measures, then the problem should be dramatically reduced. The local Health Authority recommends the following preventative method and suggests that parents should take the responsibility of checking their child's hair regularly.

The wet-combing method is the recommended preventative method.

Head lice may be cleared over a two-week period by the following method:

- Wash the hair in the normal way with an ordinary shampoo.
- Using lots of hair conditioner and while the hair is very wet, comb through the hair from the roots with a fine tooth comb. Make sure the teeth of the comb slot into the hair at the roots with every stroke, and do this over a pale surface, such as a paper towel or the bath.
- Clear the comb of lice between each stroke.
- Wet lice find it difficult to escape, and hair, which is slippery from conditioner, makes it hard for them to keep a grip – so removal with the comb is easier.
- If you find any lice, then repeat this routine every 3-4 days for 2 weeks, so that any lice emerging from the eggs are removed before they can spread.

Good Luck

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