



# The Confident Fathers Programme

*For any man looking after a child in a caring role*

A FREE 6 week course for fathers or male carers of children aged under 16 years living in North Herts.

This course is funded by Childhood Support Services Hertfordshire County Council

**SOME**  
Super **Heroes**  
Don't have  
**CAPES...**  
They are  
called **DAD**

## Topics covered include:

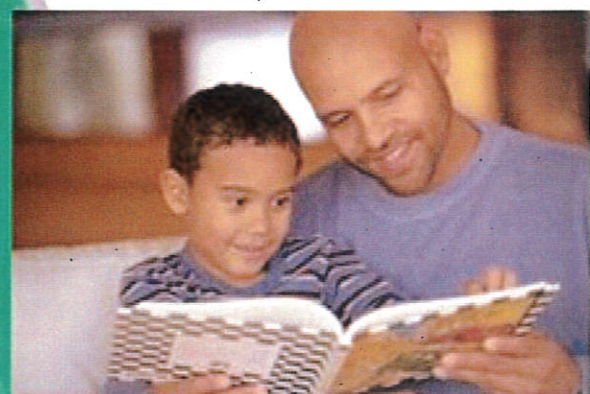
- The importance of a father figure
- Tools for handling conflict
- Understanding the physical and emotional development of your child and meeting needs
- Improving communication and relationships
- Dealing with challenging behaviour and setting boundaries

## Venue:

The Community Room,  
The Valley School  
Stevenage, Hertfordshire SG2 9AB

Time 10am to 12 noon

Date: Fri 10<sup>th</sup> June to 15<sup>th</sup> July 2016



Natural Flair Coaching Ltd

01992 446051

or email [Bookings@natural-flair.co.uk](mailto:Bookings@natural-flair.co.uk)

Places are limited - Please call NOW to secure your place



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