



Pound Avenue
Stevenage
Hertfordshire
SG1 3JA

Headteacher: Mr Robert Staples BA (Hons)
Tel: (01438) 351053 Fax: (01438) 750116 E-mail: admin@fairlands.herts.sch.uk www.fairlands.herts.sch.uk

In Year 4 we will be continuing with our Rainforest topic for a couple of weeks after half-term and then starting a new topic to end the year.....

Healthy Me



Year 4
Summer Term 2 2017

Over the next few weeks, your child will be working on the topic of 'Healthy Me'

They will be taking part in a series of exciting activities, including:

- **Finding out about people who help us to be healthy**
- **Discovering what it means to be healthy**
- **Planning and making a healthy meal**
- **Learning about nutrients and the effect they have on our bodies**
- **Measuring our pulse before and after exercise and recording and analysing the results**
- **Setting personal health targets and trying to achieve them**
- **Finding out how healthy the school environment is**
- **Persuading people to remember personal hygiene**

**Your child needs your help and involvement!
Please get involved by:**

- ☐ **Take your child to the library & get a book about the topic**
- ☐ **Help them research this subject on the internet, by watching television programmes etc.**
- ☐ *****Keep a log of healthy activities you have done over half term.*****
- ☐ *****Bring in photos of activities or healthy meals that the family have enjoyed.*****

What does your child know about being 'Healthy Me!'

Before the Topic...

After the Topic...

Sit down with your child and help them record what they know about the topics, BEFORE and then AFTER they have learnt about it at school.

What else is happening?

Religious Education

Most of our teaching of religious education takes place in separate 'mini-topics'. This half-term, your child will be learning about places which are special and sacred within the Christian and Muslim faith.

Values Education

Each month we will focus on a new value which we will develop and encourage in all areas of school life. Please support your child and encourage them to show their values at home. Please let us know if they do! Our value for JUNE happiness and JULY will be simplicity.

Homework

Please support your child by making sure that they read and practise times tables on a daily basis. Homework is set on a Friday and must be returned on a Thursday.

Clubs

Breakfast Club	Every morning 7.45 – 8.50am
Tree House After School Club	Every day 3.15 – 6.15pm
Family Learning	Mondays 9.00 – 10.00am
Skills 7 Football – Nurs to Yr 6	Mondays Nurs to Yr 1: 3.30–4.30pm Yr 2 to Yr 6: 3.20 – 5.30pm
Identity Dance (Ballet) Rec – Yr 3	Mondays 3.20 – 4.10pm
Credit Union – Dining Room	Tuesdays 3.15pm
Identity Dance (Street Dance) Yr 3 - Yr6	Tuesday 3.15 – 4.05pm
Tag Rugby Rec – Yr 6	Tuesday 3.30 – 5.15pm
Tag Rugby Yr 1 – Yr 6	Wednesday 3.15 -4.30pm
Science Club Rec – Yr 6	Thursday 3.30 – 4.30pm
Games Library	Fridays 8.30 – 9.00am
Identity Dance (Street) Rec – Yr 2	Fridays 3.20 – 4.10pm
Premier Sports (Gymnastics) – Yr 3 – Yr 6	Fridays 3.30 – 4.30pm

Forthcoming Events

Monday 5th June	Start of Summer Term 2
Friday 23rd June	Sports Day – KS2
Friday 30th June	Inset Day – School Closed
Friday 21st July	End of Summer Term 2
Monday 4th September	Start of Autumn Term 1