



FAIRLANDS PRIMARY SCHOOL

Pound Avenue
Stevenage
Hertfordshire
SG1 3JA

10th May 2019

Dear Parents/Carers,

**Support Walk to School Week 20th to 24th May 2019 &
Clean Air Day 20th June 2019**

In 2019, Hertfordshire is challenging young people to increase daily physical activity. Children should have 60 mins (1 hour) or more of physical activity daily for their wellbeing. We are asking parents/carers to support their child/children to participate in Fairlands' Walk to School Week.

We would like to encourage all our pupils to try to walk, cycle or scoot to school during this week. If it is not possible to walk all the way, it would be great if you could park ten minutes away from school and walk or scoot the last part of your journey.

Each class will have a poster of Hertfordshire showing the range of different sporting and leisure opportunities on offer to take part in. Every time a pupil travels actively to school, a sticker will go on to the poster. The aim is to take a virtual walk around the county helping Buster the walking dinosaur mascot to discover new opportunities to be more active.

We all know the health benefits of walking, so please help us this week to reduce congestion, support children to be more active and lower carbon emissions.

Following on from Walk to School Week, we will be encouraging you to continue walking, scooting and cycling to school supporting **Clean Air Day on June 20th 2019**.

Thank you in advance for your support with this.

Yours Sincerely

Mr Robert Staples
Headteacher

Headteacher Mr Robert Staples BA (Hons)

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