

FAIRLANDS PRIMARY SCHOOL

Pound Avenue Stevenage Hertfordshire SG1 3JA

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Healthy Humans



Maths - Securing Numbers to 20

English - Traditional Tales and Explanations

Science - Properties of materials

New Technologies - Getting Creative

PE - Learning how to keep the body healthy

D&T - Selecting and preparing food

Art - Drawing looking at lines, marks and tone

Year 2
Autumn Term 1 2020

Glossary The key words we will need to be able to use, in both discussion and in our writing:

Word	Definition
healthy	
balanced	
diet	
protein	
carbohydrates	
fats	
dairy	
fruit	
vegetables	
exercise	
ingredients	
vitamins	
Digestive system	
Large intestine	
Small intestine	
Oesophagus	
Stomach	

Please help your child to complete the glossary and be able to use and spell the words. Feel free to add any additional topic related vocabulary that you think of.

Over the next few weeks, your child will be working on the topic of 'Healthy Humans'

They will be taking part in a series of exciting activities including:

- > Finding out about the basic needs of humans in order to survive
- > Exercising to keep us healthy
- > Learning about how to eat the right amount and the right types of foods in order to keep us healthy
- > Taking part in a smoothie workshop (to be confirmed)
- > Finding out what we need to do to keep us clean
- > Taking part in a sponsored 'Fun Run' (to be confirmed)

Your child needs your help and involvement! Please get involved by:

- > Talking about what is healthy and what is not at meal times
- Discussing hygiene and what we can do to keep clean and healthy
- Exercising together and telling us all about it, with photographs etc.
- Cooking together
- ➤ Get books out of the library to find out how our bodies work by reading them and discussing them together

What else is happening?

Values Education & Jigsaw

The whole school values for September and October will be 'Rights' and 'Responsibilities'. Our Jigsaw unit for the autumn term is 'Being me in my world.'

Homework

Please support your child by making sure that they read on a daily basis.

	Homework	Due in
Please see date given on sheet		Homework due in
FRIDAY	Homework will be given out	

Clubs

Breakfast Club	Every morning 7.45 – 8.50am
Lower Site After School Club	Every Day 3.15 - 6.15pm
Upper Site After School Club	Every day 3.15 - 6.15pm
Skills 7 Football – Nurs to Year 2	Monday Nurs to Yr 1: 3.30-4.30pm
	Year 2: 3.30-5.00pm
Identity Dance (Ballet) Rec – Year 3	Wednesdays 3.20 – 4.10pm
Mad Science –Year 1 to Year 6	Thursday 3.20 - 4.20pm
Games Library	Friday 8.30 – 9.00am
Identity Dance (Street) Rec - Year 2	Friday 3.20 - 4.10pm
Premier Sports (Gymnastics) - All Years	Friday 3.15 - 4.30pm

Forthcoming Events

Wednesday 2 nd September	Inset Day
Thursday 3rd September	Start of Autumn Term 1
Friday 23 rd October	End of Autumn Term 1
Monday 2 nd November	Inset Day
Tuesday 3 rd November	Start of Autumn Term 2