



# FAIRLANDS PRIMARY SCHOOL & NURSERY

Pound Avenue  
Stevenage  
Hertfordshire  
SG1 3JA

27<sup>th</sup> March 2009

Dear Parents / Carers

## Skipping Workshop Visit : Tuesday, 21<sup>st</sup> April, 2009

I am pleased to inform you that we have invited 'Skipping Workshops' to give a performance and demonstration of skipping skills to the whole school.

Skipping Workshops have presented such demonstrations to over 5,000 schools throughout the UK, as well as across Europe. They have represented the UK in international skipping events and have appeared several times on TV, including Blue Peter, Record Breakers, BBC TV News, CBBC and SMTV Live. Their aim is to encourage children and adults to skip for health, fun and fitness.

The instructor will work with a small group of older children, who will the present a skipping demonstration to the whole school later in the afternoon. **The gymnastic speed ropes will be on sale at home time and for a further period at a cost of £4.00 each.**

For parents who are interested in skipping with their children, or who simply want some useful exercise themselves, **adult ropes will be on sale at a cost of £5.00 each.** The ropes are made to a very high standard, are light and easy to turn and allow children and adults to progress rapidly with their new skipping skills.

**After school on Tuesday, 21<sup>st</sup> April, there will be a one-hour skipping workshop in the upper hall for any children whose parents wish to register them, costing £3.00 per child.** If you would like your child/children to attend the workshop, please complete and return the slip below, with the correct money, in an envelope clearly marked with your child's name, class and *Skipping Workshop*, by **Thursday, 2<sup>nd</sup> April.**

Further information about Skipping Workshops is available on the website : [www.skipping-workshops.co.uk](http://www.skipping-workshops.co.uk)

Yours sincerely

Robert Staples  
**Headteacher**

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### SKIPPING WORKSHOP : Tuesday, 21<sup>st</sup> April

Child's Name ..... Class .....

Child's Name ..... Class .....

Child's Name ..... Class .....

I would like my child/children to take part in the after-school Skipping Workshop.  
I enclose £..... (£3.00 per child)

Signed ..... (parent / carer)