



FAIRLANDS PRIMARY SCHOOL & NURSERY

Pound Avenue
Stevenage
Hertfordshire
SG1 3JA

Dear Parents/Carers,

Year 5 – Sex and Relationships Education (SRE)

Over the next few weeks, the children will be covering aspects of their Sex and Relationships Education.

Sex and Relationships Education is part of the curriculum from Year 1 to Year 6. Throughout the school, children are encouraged to develop the self-esteem and confidence that they need to respond safely and responsibly to situations as they arise, both while they are at school and in the future.

The lessons comprise of watching age-appropriate television programmes which address the main issues. The programme will then be followed up by activities and discussion, led by the class teachers.

The following is a summary of the areas that will be touched on in SRE in Year 5. Please be reassured that these topics will be dealt with appropriately for the age of the children.

Year 5 Summer 2	Girl Talk	<ul style="list-style-type: none">To consider the physical and emotional changes that take place as girls go through pubertyTo address concerns and worries of young womenTo make boys more aware of the changes that occur as girls become young women
	Boy Talk	<ul style="list-style-type: none">To consider the physical and emotional changes that take place as boys go through pubertyTo address the concerns and worries of young peopleTo make girls more aware of the changes that occur as boys become young men

Please note that, as there has been a break from our normal SRE programme, there may be a need for the children to 'catch up' some elements of the Year 3 & 4 materials. The teachers will assess this at the start of the SRE sessions, but additional topics covered may be:

Year 3 Summer 2	Changes	<ul style="list-style-type: none">To introduce children to the physical and emotional changes that occur during pubertyTo consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control
Year 4 Spring 2	How babies are made	<ul style="list-style-type: none">To explain how babies are madeTo explore the idea of relationships, including friendships, parent-child and family relationships and adult sexual relationships
Year 4 Summer 2	How babies are born	<ul style="list-style-type: none">To explain how a baby develops in the womb during pregnancy and how babies are bornTo consider the needs of babies before and after birthTo enable children to reflect on their roles and relationships in the family

Parents have the right to withdraw their child from parts of Sex and Relationships Education, which are not covered by the National Curriculum for Science. Any parent wishing to do so should inform the headteacher in writing.

Robert Staples
Headteacher