



# FAIRLANDS PRIMARY SCHOOL & NURSERY

Pound Avenue  
Stevenage  
Hertfordshire  
SG1 3JA

Dear Parents/Carers,

## Year 3 – Sex and Relationships Education (SRE)

Over the next few weeks, the children will be covering aspects of their Sex and Relationships Education.

Sex and Relationships Education is part of the curriculum from Year 1 to Year 6. Throughout the school, children are encouraged to develop the self-esteem and confidence that they need to respond safely and responsibly to situations as they arise, both while they are at school and in the future.

The lessons comprise of watching age-appropriate television programmes which address the main issues. The programme will then be followed up by activities and discussion, led by the class teachers.

The following is a summary of the areas that will be touched on in SRE in Year 3. Please be reassured that these topics will be dealt with appropriately for the age of the children.

<b>Year 3 Summer 2</b>	<b>Changes</b>	<ul style="list-style-type: none"><li>To introduce children to the physical and emotional changes that occur during puberty</li><li>To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control</li></ul>
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Please note that, as there has been a break from our normal SRE programme, there may be a need for the children to 'catch up' some elements of the Year 1 & 2 materials. The teachers will assess this at the start of the SRE sessions, but additional topics covered may be:

<b>Year 1 Summer 2</b>	<b>Differences</b>	<ul style="list-style-type: none"><li>To introduce children to life cycles</li><li>To explore differences between male and female</li><li>To enable children to reflect on differences between male and female other than physical differences</li></ul>
<b>Year 2 Spring 2</b>	<b>How did I get here</b>	<ul style="list-style-type: none"><li>To explain that a baby develops inside its mother's womb and that both the male and female sex parts are needed to make a baby</li><li>To enable children to reflect on their development from babies</li><li>To inform children about conception and the growth of a baby in the womb</li></ul>
<b>Year 2 Summer 2</b>	<b>Growing up</b>	<ul style="list-style-type: none"><li>To show that we grow and change, as do all living things</li><li>To show that some changes are social, that we become more independent and able to think about others as ourselves</li><li>To look at identity and self esteem, and reinforce the belief that we are special</li></ul>

Parents have the right to withdraw their child from parts of Sex and Relationships Education, which are not covered by the National Curriculum for Science. Any parent wishing to do so should inform the headteacher in writing.

Robert Staples  
Headteacher